

Body/Brain BOOGIEMAN

Jeff Haebig, Ph.D., BBB

Jeff Haebig (some call him ‘hey big Jeff’) is the country’s Rock n’ Role model, dancing up a brainstorm. He shakes, rattles, and shows how the body/brain learns best through movement, supported by neuroresearch.

TOTS – TEENS – ADULTS – ELDERS

Catch the beat on current body/brain science... get a leg-up on highly effective ways to live and learn vibrantly through enjoyable movements.

Elevate your body/brain energy in a heartthrob!
Sharpen your focus! Boost your attention greatly!
Extend your memory! Expand your learning capacity!



HOT BODY – COOL TOPICS

Jeff puts hip-to-lip, inviting your host, audience, listeners and readers to boogie along and learn firsthand how to invigorate their body/brain through sensory-motor stimulation. The science of cells/systems are taught while making the hippocampus hop, synapses sing, and cerebellum ring.

- **Leave NO child behind** developmentally – through fun neuro-stimulating movements.
- **Postpone dementia** until you’re deceased – through body/brain-enhancing movements.
- **Help remediate ADHD** (Attention Deficit Disorder) -- through vestibular movements.
- **Stimulate the body/brain** without nicotine and caffeine with gross-motor movements.
- **Calm excess stress**, living and learning duress with mindbody ‘balancing’ movements.
- **Build early reading**, writing and math success using fine and large motor movements.

BOOGIEMAN BIO

1943 Jeff Haebig, BB, the Boogie Baby was born.
1966-97 Taught Middle High School Physical and Health Education in Rochester, Minnesota.
1984 Started Wellness Quest, coauthoring a series of *Health Care-toons* and *Toon Ups!* books.
1997 Became the Body/brain Boogieman working with teachers, students, and families around the country, producing body/brain-enhancing teaching books and *Body/brain Boogie* video.
2006 Moving the message forward; expanding the Body/brain **BOOSTER TEAM** of experts.



FOR MORE INFORMATION

Visit WellnessQuest.com & BrainBoogie.com
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